



Uttarakhand State Control Room COVID-19

Integrated Disease Surveillance Programme
Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun



Date: 14-06-2021

Health Bulletin

Time: 7:00 PM

लैंप फूंगस का खतरा कोरोना मरीजों को रिकवरी के बाद भी हो सकता है जब इम्यूनिटी बेहद कमज़ोर होती है.. तब इनके लक्षणों को नज़रअंदाज न करें



कोरोना से ठीक होने के 20-30 दिनों के भीतर कृष्ण लोगों में स्पूफरमाइफोसिस यानी लैंप फूंगस के लक्षण जैसे नाक के पास लालिमा, वेहरे पर एक तरफा सूजन, बुखार, सिर दर्द, सांस लेने में तकलीफ या दर्द, खून की उल्टी अथवा मानसिक स्थिति में बदलाव की स्थितियां आ सकती हैं।



लैंप फूंगस के इलाज के लिये चिन्हित चिकित्सालय

एम्स ऋषिकेश, दून मेडिकल कॉलेज देहरादून, हिमालयन इन्स्टीट्यूट ऑफ मेडिकल साइंसेज देहरादून, मैक्स सुपर स्पेशियलिटी अस्पताल देहरादून, श्री महन्त इन्ड्रेश अस्पताल देहरादून, जयामैक्सवैल अस्पताल हरिद्वार, मिलिट्री अस्पताल रुड़की, विनय विशाल हरिद्वार, सुशीला तिवारी सरकारी अस्पताल हल्द्वानी, मेडिकल कालेज श्रीनगर, ओ० एफ० एच० देहरादून

(शासनादेश संख्या: ४१३/पी०एस०-स./२०२१, २५ मई २०२१, देहरादून द्वारा अधिकृत)

किसी भी प्रकार की जानकारी के लिये हमारे हैल्प लाईन नम्बरस में 104 डायल करें या ई संजीवनी एप के माध्यम से ऑनलाईन रजिस्टर करके जरूरी डाक्टरी सलाह प्राप्त करें।



मास्क का प्रयोग करें



साबुन से हाथ पोंछें
या सैनेटाइजर का प्रयोग करें



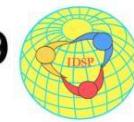
6 FEET परस्पर दूरी है जल्दी

सरकार ही बचाव है!



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ई संजीवनी एप के द्वारा अर्हता धारक डाक्टर से लें अपनी बीमारी के लिये सही परामर्श

राज्य के योग्य डाक्टरों की टीम
आनलाईन मुफ्त इलाज के
लिये आपके ही मोबाईल पर
सेवा में तत्पर है ..

मोबाईल या डेस्कटाप कम्प्यूटर पर रोगी को
उपचार हेतु घर बैठे ऑनलाईन सलाह दी जाती है
परीक्षण के उपरान्त दवा व सलाह लिखित
रूप में रोगी pdf फाईल के फारमेट में
डाउनलोड कर सकते हैं

प्रतिदिन सुबह 9 बजे से सांय 8 बजे तक

9412080703, 9412080554

9412080686 Toll Free No. 104



ई संजीवनी एप को क्यू आर कोड को स्कॉन
करके भी डाउनलोड कर सकते हैं
www.esanjeevaniopd.in/Register

eSanjeevaniOPD
STAY HOME OPD



होम आईसोलेशन में कोविड मरीज की देवभाल के दौरान संक्रमण के खतरे से सावधानी बरतें



मरीज को उसके कमरे के बाहर ही एक टेबल पर रख कर भोजन पहँचायें,
मरीज के सीधे सम्पर्क में बिल्कुल न आयें, डिस्पोजेबल बर्टन इत्यादि का प्रयोग करें,

या बर्टनों को अलग रखें उनको धोने में सावधानी बरतते हुये ग्लब्स का प्रयोग करें
उन बर्टनों को अन्य लोग इस्तेमाल न करें,

कोविड संक्रमित रोगी द्वारा उपयोग की गयी किसी भी चीज के सम्पर्क में न आयें..

मरीज के कपड़े इत्यादि को धोने से पूर्व तेज गर्म पानी 60–90 डिग्री से 0 और डिटॉर्जेंट
का प्रयोग करते हुये पहले आधे घन्टे तक भिगो कर रखें तथा तेज धूप में
सावधानी पूर्वक सुखायें,

मरीज के अन्य उपयोग में लाये गये थेस्ट को फैँकने से पहले विसंक्रमित करें,
इस हेतु सोडियम हाइपोक्लोराइट की सही मात्रा का प्रयोग करें।



दवाई भी.. कड़ाई भी
मिन्दरी मिरोरी, कोविड छारेगा..



मास्क का
प्रयोग करें
साबून से हाथ धों
या सेनेटाइजर का
प्रयोग करें

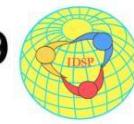




उत्तराखण्ड शासन

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भीड़ भाड़ से बचें ! आवश्यक होने पर ही यात्रा करें



कोरिड कफ्यू में ढील का मतलब यह नहीं कि सारी हदें पार कर जायें !!



दवाई भी.. कड़ाई भी



मास्क का प्रयोग करें



साबुन से हाथ धोयें
या सैनेटाइजर का प्रयोग करें



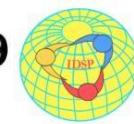
6 FEET
परस्पर दूरी
है जरूरी है जरूरी





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कोविड-19 से सम्बन्धित महत्वपूर्ण सूचनाओं की जानकारी के लिये दिए गये लिंक पर विलक करें

<u>Covid-19 Telephone/ Mobile Directory</u>	https://health.uk.gov.in/pages/display/140-novel-corona-virus-guidelines-and-advisory-
<u>Sample Collection Centers</u>	https://covid19.uk.gov.in/map/sccLocation.aspx
<u>Availability of Beds</u>	https://covid19.uk.gov.in/bedssummary.aspx
<u>Covid-19 Vaccination Sites</u>	www.cowin.gov.in
<u>RT – PCR Testing Report</u>	https://covid19.uk.gov.in/
<u>To get Medical assistant and Doctor's consultation: Free Consultation from Esanjeevani</u>	http://www.esanjeevaniopd.in/Register <u>Download app:</u> https://play.google.com/store/apps/details?id=in.hied.esanjeevaniopd&hl=en_US <u>Or call: 9412080703, 9412080622, 9412080686</u>
<u>Home Isolation Registration</u>	https://dsclservices.org.in/self-isolation.php
<u>Home Isolation Booklet(Do's &Don'ts)</u>	https://health.uk.gov.in/files/Covid-19-Directory/Home_Isolation_booklet.pdf
<u>Vaccination (Self Registration)</u>	https://selfregistration.cowin.gov.in/ www.cowin.gov.in
<u>Standard Operating Procedure for issue of TOCILIZUMAB AMPHOTERICIN B</u>	https://health.uk.gov.in/pages/view/146-tocilizumab-amphotericin--procedure
<u>Daily Bulletin</u>	https://health.uk.gov.in/pages/display/140-novel-corona-virus-guidelines-and-advisory-
<u>Travelling to/from Uttarakhand Registration</u>	https://dsclservices.org.in/apply.php
<u>Any other Help</u>	<u>Call 104 (24X7) / State Control Room 0135-2609500/</u> <u>District Control Rooms of respective district for any other help and assistance.</u>
<u>for any queries and suggestions</u>	covid19statewarroomuk@gmail.com <u>Toll Free Number 104</u> <u>State Covid-19 Control Room</u> <u>0135 2609500</u>

For complaints regarding black marketing of medicines, oxygen cylinders & medical equipments; more charges for medicines & oxygen cylinders; fake Covid-19 test/lab reports; more charges than decided by the Government for Covid-19 vaccination & treatment and other malpractices related to Covid-19 in Uttarakhand

Please call on Toll free No. **112**, Landline No. **0135-2656202** and Mobile: **9412029536**



उत्तराखण्ड शासन

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Date: 14-06-2021

Health Bulletin

Time: 7:00 PM

Positive Today: **296**Recovered Today: **990**Death Today: **12**Active Cases: **3908**Sample Positivity: **6.55%**R% Recovery Percentage: **95.07%**

1.	Total cumulative Positive COVID-19 detected:	337175
2.	Total Number (%) of COVID-19 Patients Treated/ Cured:	320549 (95.07%)
3.	Total Number (%) of COVID-19 patients migrated out of state:	5758 (1.71%)
4.	Total Number (%) of COVID-19 Deaths:	6960* (2.06%)
5.	Number of samples found negative for COVID-19 today:	17301
6.	Total number of samples sent for COVID-19 testing today:	23304
7.	Total number of cumulative samples found negative:	4814349

*Deaths reported from previous date added in cumulative figure (details on page 8). These deaths were reflected in district reports/daily bulletin, but not submitted timely to State COVID-19 Control Room.

The poster features a large syringe being injected into a hand, with a background of yellow and blue geometric shapes. It includes text in Hindi about vaccination for people aged 18 and above, the availability of vaccines through cowin.gov.in and Aarogya Setu App, and the prevention of COVID-19 spread through handwashing and mask-wearing.

पूर्ण टीकाकरण के बाद मिलेगा छुटकारा सभी बन्धनों से..

पर अभी कोरोना अनुरूप व्यवहारों का पालन करते रहें दवाई भी.. कड़ाई भी

18वर्ष से अधिक आयु के सभी नागरिकों के लिये कोविड-19 का मुफ्त टीकाकरण किया जा रहा है... लाभार्थी cowin.gov.in एवं [Aarogya Setu App](https://www.aarogyasetuapp.com) पर खुद का पंजीकरण करा सकते हैं

NATIONAL HEALTH MISSION
एवं स्वास्थ्य विभाग

COVID-19
Uttarakhand State Control Room



Uttarakhand State Control Room COVID-19

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Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun



Detailed Status of Sample Tested

Districts	Samples Sent to Labs Today	Negative		Positive		Cumulative Samples Tested	Results Awaited (including sample sent to labs today)
		Negative in last 24 hours	Negative Cumulative (including Pvt. Lab)	Positive in last 24 hours	Positive Cumulative (including Pvt. Lab)		
Almora	699	1361	148816	21	11788	160604	186
Bageshwar	1617	1210	121764	8	5593	127357	500
Chamoli	1205	834	158756	10	11978	170734	533
Champawat	623	670	147484	7	7370	154854	180
Dehradun	4628	2573	918504	76	110363	1028867	2891
Haridwar	5391	2329	1506094	64	50716	1556810	3253
Nainital	1239	1186	350064	21	38583	388647	497
Pauri Garhwal	925	620	234567	11	17368	251935	479
Pithoragarh	416	450	132926	7	9751	142677	304
Rudraprayag	942	456	96255	9	8512	104767	571
Tehri Garhwal	1492	1240	187913	1	15607	203520	502
US Nagar	3162	3363	614135	24	37381	651516	420
Uttarkashi	965	1009	197071	37	12165	209236	267
Total	23304	17301	4814349	296	337175	5151524	10583

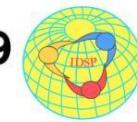
Details of Districts having Positive COVID-19 Cases

Districts	Cases till Date	Treated/Cured till Date	Active Cases	Deaths	Migrated/Others
Almora	11788	10643	421	140	584
Bageshwar	5593	5259	261	48	25
Chamoli	11978	11509	212	58	199
Champawat	7370	6881	269	53	167
Dehradun	110363	106148	197	3441	577
Haridwar	50716	47999	504	946	1267
Nainital	38583	37324	226	905	128
Pauri Garhwal	17368	15941	458	267	702
Pithoragarh	9751	8928	691	120	12
Rudraprayag	8512	8142	166	79	125
Tehri Garhwal	15607	14400	240	80	887
U.S. Nagar	37381	35762	113	749	757
Uttarkashi	12165	11613	150	74	328
Total	337175	320549	3908	6960	5758



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Details of Patients Treated & Cured

DISTRICT NAME	Treated & Cured in last 24 hrs
ALMORA	65
BAGESHWAR	21
CHAMOLI	30
CHAMPAWAT	0
DEHRADUN	98
HARIDWAR	88
NAINITAL	56
PAURI GARHWAL	384
PITHORAGARH	0
RUDRA PRAYAG	46
TEHRI GARHWAL	190
UDAM SINGH NAGAR	10
UTTAR KASHI	2
Total	990

**सही से मार्फ न पहुंचा॥ बदल है आपके लिये...
और आपके परिवार के लिये**

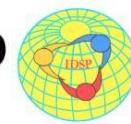


खुदा भास्कर पहुंचा छापके लिये यात्रा छोप्हारिका भर दें...



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Hospital Wise Death

District	Cumulative Deaths	Name of The Hospitals	No. of Deaths
Dehradun	3441* (A)	Aarogyadham Hospital, Dehradun	2
		AIIMS Rishikesh, Dehradun	6
		Doon Institute of Medical Sciences, Dehradun	2
		Govt. Doon Medical College, Dehradun	1
Hardiwar	946* (B)	-	-
Tehri Garhwal	80* (C)	-	-
US Nagar	749* (D)	Siddhi Vinayak Hospital, US Nagar	1
Grand Total			12

***Note:** Deaths reported from previous date added in cumulative figure. These deaths were reflected in district reports/daily bulletin, but not submitted timely to State COVID-19 Control Room.

***(A) DEHRADUN (5):**

CMI Hospital (1)- 23 April 2021 (1), 13 May 2021 (1), 14 May 2021 (1), 5 June (1)
PHC Kalsi (1)- 4 May 2021 (1)

***(B)HARIDWAR (2):**

Other Than Hospital (1)- 25 April 2021 (1)
Ram Krishna Mission Sewashrama (1)- 25 May 2021 (1)

***(C) TEHRI GARHWAL (3):**

SDH Narendranagar (3)- 29 April 2021 (1), 30 April 2021 (1), 4 May 2021 (1)

***(D) US Nagar (3):**

Sparsh Hospital (3)- 29 April 2021 (1), 3 May 2021 (1), 11 May 2021 (1)



Uttarakhand State Control Room COVID-19

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Mucormycosis Cases and Deaths - Uttarakhand as on 14.06.2021

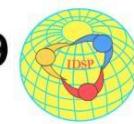
S.No.	District	Hospital Name	Today			Cumulative		
			Cases	Death	Discharge	Cases	Death	Discharge
1	Udham Singh Nagar	JLN District Hospital, Rudrapur	0	0	0	1	1	0
2	Dehradun	City Heart Hospital	0	0	0	1	0	0
		AllMS Rishikesh	8	0	0	256	44	10
		Max Hospital	1	1	2	15	2	9
		Doon Medical College	0	0	0	20	1	5
		Sri Mahant Indresh Hospital	1	0	1	28	3	11
		HIHT Joly Grant	0	0	0	35	9	7
		Aarogyadham Hospital	0	0	0	2	0	0
		ONGC Hospital	0	0	0	2	0	0
		Synergy Hospital	0	0	0	2	1	0
		Military Hospital Dehradun	0	0	0	1	0	0
3	Nainital	Krishna Hospital, Haldwani	0	0	0	3	1	0
		Dr. Susheela Tiwari Govt. Hospital, Haldwani	0	0	0	29	4	0
4	Uttarkashi	District Hospital	0	0	0	2	0	0
5	Haridwar	Military Hospital Roorkee	0	0	0	2	1	0
		Aarogyam Hospital, Roorkee	0	0	0	1	0	0
Total			10	1	3	400	67	42

For any queries regarding Mucormycosis, please call on Toll Free Number 104



Uttarakhand State Control Room COVID-19

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Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun



Details of State Control Room

E-mail: covid19statewarroomuk@gmail.com, idsputtarakhand@gmail.com

Toll free No: 104/01352609500

Whatsapp No. 9412080544

Details of District Control Rooms

Districts	District Control Room Number
Almora	05962-237874
Bageshwar	05963-221822
Chamoli	7617429778, 9068787120, 7830839443, 01372-252187
Champawat	05965-230943, 05965-230819
Dehradun	0135-2724506
Haridwar	01334-239072
Nainital	05946-281234
Paurigarhwal	01368-222213
Pithoragarh	05964-297551
TehriGarhwal	01376-234793
Rudraprayag	01364-233727
U.S. Nagar	05944-246590, 05944-250250
Uttarkashi	01374-222641, 7417162869

PREVENTION IS BETTER THAN CURE
for your own safety

- WEAR MASK**
- QUARANTINE**
- DISINFECT HANDS**
- Cover cough and sneeze**
- NO FACE TOUCH**
- WEAR GLOVES OUTSIDE**
- KEEP DISTANCE**

COVID-19
Uttarakhand State Control Room



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Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun



COVID-19 Vaccination

14th June 2021

✿ Sessions Held Today :	521
✿ Number of Beneficiaries Vaccinated Today :	55948
✿ Number of Beneficiaries Partially Vaccinated:	2661417
✿ Number of Beneficiaries Fully Vaccinated:	705183
✿ Total 18-44 years beneficiaries Partially Vaccinated:	547259
✿ Total 18-44 years beneficiaries Fully Vaccinated:	9123

Details of Beneficiaries Vaccinated in Uttarakhand

Districts	Citizen					Health Care Worker			Front Line Worker		
	Last 24 hrs	>45 Partially Vaccinated (1st Dose Coverage)	>45 Fully Vaccinated (Both Dose Coverage)	Partially vaccinated (more than 18 to <45 years)	Fully Vaccinated (more than 18 to <45 years) (Both Dose Coverage)	Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)	Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)
Almora	2,677	135999	37,275	25,625	1,030	2	5,943	4,826	138	9,676	4,081
Bageshwar	3,063	62465	23,174	30,275	643	0	2,444	2,263	3	2,296	1,408
Chamoli	1,429	92970	30,348	26,775	390	1	3,986	3,704	1	6,448	4,266
Champawat	2,859	57975	14,464	29,288	363	4	2,217	1,862	61	6,992	3,448
Dehradun	8,905	377901	116,594	107,077	2,419	87	36,301	26,645	265	28,590	16,328
Haridwar	9,147	258222	49,847	64,852	996	17	17,346	12,025	78	48,530	30,172
Nainital	3,354	174845	52,972	50,569	561	25	13,951	10,017	174	18,840	6,299
Pauri	4,381	141236	36,418	30,820	451	0	7,793	6,289	4	6,934	3,961
Pithoragarh	3,646	82479	20,208	30,373	535	0	4,046	3,390	17	8,168	5,078
Rudraprayag	2,019	54875	16,459	32,458	0	1	2,424	1,956	3	2,649	1,341
Tehri	2,302	112691	32,871	28,196	370	9	6,154	5,316	13	4,872	3,061
US Nagar	7,097	187511	46,411	60,313	619	33	12,085	8,155	278	31,730	8,267
Uttarkashi	3,852	76191	38,433	30,638	746	1	3,438	3,085	2	4,945	3,343
Total	54,731	1815360	515,474	547,259	9,123	180	118,128	89,533	1,037	180,670	91,053



Uttarakhand State Control Room

COVID-19

Integrated Disease Surveillance Programme
Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun



Date: 14-06-2021

District-wise Hotspots/ Containment Zones

DISTRICT NAME	Number Of Active Containment Zone
ALMORA	01
BAGESHWAR	0
CHAMOLI	01
CHAMPAWAT	03
DEHRADUN	04
HARIDWAR	16
NAINITAL	0
PAURI GARHWAL	03
PITHORAGARH	01
RUDRA PRAYAG	0
TEHRI GARHWAL	18
UDAM SINGH NAGAR	0
UTTAR KASHI	07
Total	54

**Avoid crowded places
for your own safety**



**avoid close contact
with people**





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COVID-19



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S.No	District Name	Total	Detail of District-Wise Hotspots/ Containment Zones
1	Dehradun	04	<p>Dehradun (02)</p> <p>1- Kuladi (31-05-2021) 2- Sunny Lodge Estate, kigrain Picture Palace Marg (01-06-2021)</p> <p>Vikas Nagar (01)</p> <p>1- Atakfarm Majra Kanchiwala (07-06-2021)</p> <p>Tyuni (01)</p> <p>1- Gram Siloda (14-06-2021)</p>
2	Haridwar	16	<p>Laksar (05)</p> <p>1- Gram Lalbandawa, Ward No-02 (20-05-2021) 2- Ward No.09 Padowali (22-05-2021) 3- Gram Kalsiya, Ward No-11 (24-05-2021) 4- Gram Kabulpuri, Raighati (25-05-2021) 5- Gram Sherpubela (26-05-2021)</p> <p>Roorkee (11)</p> <p>1- Gram Thaska Pargana Mangalore (15-05-2021) 2- Gram Libarhedi, Pargana Mangalore (18-05-2021) 3- Gram Makanpur Devpur Pargana Bhagwanpur (21-05-2021) 4- Shyamnagar Gali No-03, Sunhara (21-05-2021) 5- Gram Daulatpur Pargana (22-05-2021) 6- Gram Thaska Pargana Mangalore (23-05-2021) 7- H.NO. 173, block C , Shivaji Nagar Gram Dhandera Pargana (25-05-2021) 8- Gram Bhor Pargana (25-05-2021) 9- Gram NasirpurAfzalpur Pargana, Mangalore (02-06-2021) 10- Gram Dhanori (03-06-2021) 11- Gram Shikarpur Pargana Mangalore (12-06-2021)</p>
3	Pauri	03	<p>Lansdowne (01)</p> <p>1- Gram Bagankhola (22-05-2021)</p> <p>Yamkeshwar (02)</p> <p>1- Gram Sirasu (19-05-2021) Gram NandMalla (19-05-2021)</p>
4	Uttarkashi	07	<p>Bhatwari (02)</p> <p>1- Gram Silla Patti, NaldKathur (24-05-2021) 2- Gram Belatipari, Patti NaldKathud (27-05-2021)</p> <p>Purola (01)</p> <p>1- Gram Dhoni (09-05-2021)</p> <p>Chinalisaur (01)</p> <p>1- Gram New Khalsi Patti Dashagi (09-05-2021)</p> <p>Barkot (02)</p> <p>1- Nagar Panchayat Naugaon Ward No-05 (05-05-2021) 2- Gram Kawadi (09-05-2021)</p> <p>Mori (01)</p> <p>1- Badau (31-05-2021)</p>
5	Champawat	03	<p>Champawat (02)</p> <p>1- Gram diguoli (27-05-2021) 2- Gram Chaudkhyali (27-05-2021)</p> <p>Tanakpur (01)</p> <p>1- Nayakgoath (11-05-2021)</p>
6	Chamoli	01	<p>Chamoli (01)</p> <p>1- Stun Gaon Dasholi ()</p>



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7	Tehri	18	Devprayag (03) 1- Gram Palethi 2- Gram Kunadi 3- Gram Arota Jakhnidhar (04) 1- Gram Sandhana Kot 2- Gram Dobb Nauli 3- Gram Jagdhar 4- Gram Kolakandi	Kirti Nagar (10) 1- Gram Dhati 2- Gram Sabha Devgadi 3- Gram Jakhand 4- Gram Bhagwan 5- Gram Maletha 6- Gram Nandi 7- Gram Pandula 8- Gram Muthadgaon 9- Gram Dharkot 10- Gram Panchayat Badola , Gram Urman Narendranagar (01) 1- Gram Basoi
8	Almora	01	Dwarahat (01) 1- Gram Ghanoli (03-06-2021)	
9	Pithorgarh	01	Didihat 1- Almiyagaon (09-06-2021)	
	Total	54		



SOCIAL DISTANCING
is for your own Safety